



## Hurricane Disaster Supply Kit

- Water- at least 1 gallon daily per person for 3 to 7 days (Refresh every 6 months so that it stays fresh)
  - Use for drinking, food preparation, and sanitation
  - It is best to store water in plastic containers that will not break or decompose.
- Food- 3 to 7 days worth of non-perishable food (Refresh every 6 months so that it stays fresh)
  - Ready-to-eat canned meats, fruits, and vegetables
  - Non-electric can opener or utility knife
  - High energy foods
  - Vitamins
  - Food for infants
  - Canned juices
  - Staples (salt, sugar, peppers, spices, etc.)
  - Comfort and Stress foods/ snack foods
  - Cooking tools/ fuel
  - Paper plates and plastic utensils, mess kit
- Clothing and Bedding
  - Include at least one complete change of clothing and footwear per person
  - Rain gear
  - Sturdy shoes or work boots
  - Blankets or sleeping bags
  - Sunglasses
  - Thermal underwear
  - Hat and gloves
- First Aid Kit
  - (20) adhesive bandages, various sizes.
  - (1) 5" x 9" sterile dressing.
  - (1) conforming roller gauze bandage.
  - (2) triangular bandages.
  - (2) 3 x 3 sterile gauze pads.
  - (2) 4 x 4 sterile gauze pads.
  - (1) roll 3" cohesive bandage.
  - (2) germicidal hand wipes or waterless alcohol-based hand sanitizer.
  - (6) antiseptic wipes.
  - (2) pair large medical grade non-latex gloves.
  - Adhesive tape, 2" width.
  - Anti-bacterial ointment.
  - Cold pack.
  - Scissors (small, personal).

- Tweezers.
- CPR breathing barrier, such as a face shield.
- Non-Prescription Drugs
  - Pain Reliever
  - Anti-diarrhea medication
  - Antacid (for upset stomachs)
  - Syrup of Ipecac (used to induce vomiting if advised by the Poison Control Center)
  - Laxative
  - Activated charcoal (used if advised by the Poison Control Center)
- Sanitation items
  - Toilet paper, towelettes
  - Soap, liquid detergent
  - Feminine supplies
  - Personal hygiene items
  - Plastic bucket with tight lid
  - Disinfectant
  - Household Chlorine Bleach
- Important documents in a waterproof container or plastic bag
  - Insurance, medical records, bank account numbers, Social Security card, will, contracts deeds, stocks and bonds, passports, immunization records, credit card account numbers and companies
  - Inventory of valuable household goods, important telephone numbers
  - Family records (birth, marriage, death certificates)
- Flashlight with extra batteries
- A battery operated Radio
- Telephones- fully charged cell phone and a traditional (not cordless) telephone set
- Cash (with some small bills), travelers checks, and Credit Cards
- Keys
- Tools
- Vehicle fuel tanks filled
- Whistle to signal for help
- Plastic sheeting and duct tape to create a shelter
- Wrench or pliers to turn of utilities
- Local maps (for locating shelters)
- Fire Extinguisher
- Matches in a water proof container
- Paper and pencil
- Tube Tent
- Compass
- Aluminum Foil
- Plastic storage container
- Signal Flare
- Needles and thread

- Medicine dropper
- Special items for babies
  - Medications
  - Formula
  - Diapers
  - Bottles
  - Powdered milk
- Special items for Kids
  - A few favorite books
  - One or two favorite toys
  - Crayons and paper
  - Scissors and glue
  - A Deck of cards
  - A puzzle
  - Stuffed animal, blanket, and pillow
  - Pictures of family and pets
  - Small people or figures that you can use to play out what is happening during your disaster—such as ambulance, fire truck, helicopter, dump truck, police car, small boats.
  - A “keep safe” box with a few special treasures
- Special items for the disabled
  - Prescription medicines, list of medications including dosage, list of any allergies
  - Extra eyeglasses and hearing-aid batteries
  - Extra wheelchair batteries, oxygen
  - A list of the style and serial number of medical devices
  - Medical insurance and Medicare cards
  - List of doctors, relatives or friends who should be notified if you are hurt
- Special items for the adults
  - Heart and high blood pressure medication
  - Insulin
  - Prescription drugs
  - Denture needs
  - Contact lenses and supplies
  - Extra eye glasses
- Pet care items
  - Proper identification/ immunization records/ medications
  - Food and water
  - A carrier or cage
  - Muzzle and leash
- Entertainment
  - Toys, books, and games